



# Vaccinate The Natural State

*Businesses Fighting COVID-19*



## COVID-19 VACCINE FAQs

### How do we know the COVID-19 vaccine is safe?

The COVID-19 vaccines have all met rigorous safety standards, undergone intensive safety monitoring and completed extensive clinical trials, just like any other vaccine on the market. The vaccines have been reviewed and authorized for emergency use by the Federal Drug Administration (FDA), and have also been approved by the Advisory Committee on Immunization Practices (ACIP), a Centers for Disease Control and Prevention (CDC) advisory committee. The CDC will also continually monitor the vaccine for safety.

### Why should I get the COVID-19 vaccine?

The COVID-19 vaccine is the safest, healthiest way to protect yourself, your family, your workplace and your community from the COVID-19 virus. By taking the vaccine, you can do your part in ending the pandemic and helping everyone's lives return to normal.

### Will the COVID-19 vaccine have side effects?

After receiving a COVID-19 vaccination, you may have some flu-like symptoms, such as fever, headache and muscle aches. You may also have some soreness or redness in the arm where the vaccination was given. This is a normal sign that your body is building protection, and all side effects should subside within a few days.



## Will side effects from COVID-19 vaccination keep me from going to work?

The side effects of the COVID-19 vaccine are typically mild, and you should be able to return to work after receiving the vaccine. If you do experience any fatigue or fever, try to take your day easy and get plenty of rest. If your symptoms become more severe, you may have contracted COVID-19 before your vaccine, and should consider getting tested.

## How will I remember to get the second shot of the Pfizer or Moderna vaccine?

The provider or pharmacy that gives you your COVID-19 vaccine will schedule your second dose the day you get your first.

## How does the COVID-19 vaccine protect me against COVID-19?

The COVID-19 vaccination teaches your immune system how to recognize and fight the virus that causes COVID-19, a process also known as building immunity. Once you have built immunity against COVID-19, your body will be able to fight it off if you come in contact with it.

## How quickly after receiving the COVID-19 vaccine will I be protected from COVID?

After receiving the vaccine, your body needs a few weeks to build up immunity against COVID-19 to effectively protect you from getting sick.

## Can I stop wearing my mask and social distancing once I've been vaccinated?

In some scenarios, yes. Until the majority of our population is vaccinated, you still need to continue to wear a mask in public, stay at least 6 feet from others in public and avoid medium- and large-sized in-person gatherings. However, after receiving your vaccine you can:

- Spend time with other fully vaccinated people indoors without wearing masks or staying 6 feet apart
- Spend time with unvaccinated people from one other household indoors without wearing masks or staying 6 feet apart if everyone in the other household is at low risk for severe disease
- Refrain from quarantine and testing after being exposed to COVID-19 if you don't experience any symptoms



Source: Centers for Disease Control and Prevention